

September 2014

Featured Teacher: Kim Neer

Hometown: *I grew up in Bainbridge, Ohio, a small town just outside of Cleveland.*

What brought you to Los Angeles? *I came to Los Angeles 3 years ago after spending a year exploring South America. I had decided it was time to return to the US but I didn't want to live in Ohio or Chicago where I had previously been living, so I chose Los Angeles because my best friend from childhood was living here and we had always hoped we'd get to live in the same place again. It was a decision I made kind of on a whim, but turned out to be a great one!*

My favorite place in LA is.. *My favorite place in LA is definitely Yoga Blend, because obviously it's the best place. My second favorite place is probably the farmer's market in Larchmont Village where I live because I go there every Sunday and just really love that ritual.*

Most memorable thing I did in the last 12 months: *Was hanging out with real elephants at a sanctuary in Thailand. Elephants have been my favorite animal for as long as I can remember, and getting to see them up close, touch them and feed them was a dream come true. The place we went to was wonderful, all the elephants had been rescued and seemed very happy there. I think I had a smile on my face that entire day.*

Favorite food: *My favorite food is probably popcorn. I just go crazy over it! My friends know to make a lot of it when I'm around because I am a popcorn eating machine. I once considered getting a tattoo of a piece of popcorn behind my ear and in retrospect, I'm glad I didn't do that.*

Dream vacation destination: *I really want to visit every continent some day. I want to see as much of our world as I can! Traveling is something I have always loved to do; the love was instilled in me as a child, my family traveled quite a bit. I only have three continents left that I haven't been to (including Antarctica) so I think this dream will be realized.*

If I were an animal, I would be: *An elephant! I am kind of obsessed with them. I just think they are so beautiful and intelligent and I love how important community is to them.*

My 'signature dish' when guests come over is: *My vegetarian chilli that I make in my crockpot. I use this mix of about 20 different kind of beans and make it pretty spicy. I never follow a recipe, but every time it's delicious.*

Childhood ambition: *When I was a kid I really wanted to be a dancer. I've always loved to dance. When I became a moody teenager I replaced that dream with wanting to be a poet.*

I rock out to: *anything that makes my body move. Right now I'm really into Quantic and Glass Animals. But I also love to lie on the floor and listen to classical music.*

Kim teaches **Baby & Me Yoga** on Wednesdays (1:45pm) and Friday (10am).
She is also subbing **Basics** on Wednesdays at 9:30am and **\$5 Flow**, Fridays 6:30am
while the lovely Sommer Thome is on maternity leave.



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