

Friday, June 20th from 8:30pm-10:30pm

\$15 by June 19th / \$20 day-of

Summer Solstice Celebration

with Bekah Turner

Join Bekah in circle to move, breathe, chant, connect and honor the gifts of life and the abundance of summer!

The sun reaches his zenith in the sky and the moment has come again to celebrate the height of light.

Let's share in gratitude, celebration and use this sacred time to focus on what we love about this planet and as the nights grow longer, choose how we can sustain the glow our devotion brings. Ancients believed the solstice was the most powerful day of the year, let's use it wisely and for the highest good of all beings.

Everyone is welcome, no experience with Yoga necessary!



Bekah Turner is a Yoga teacher and Shamanic healer. She is passionate about combining the ancient practices of Shamanism and Yoga to create balance and healing; particularly through the seasonal, lunar and female cycles. Her classes, workshops and gatherings are non-dogmatic and infused with humor, love, wisdom and devotion to her path.



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a blend of styles for all levels