

Featured Teacher: Sandy Comstock



What is your most challenging New Year's resolution?
Focusing on completing one task before starting another.

If I could pick a super power, it would be... *Time travel.*

When I was little, I thought I would grow up to be...
an actress.

When I'm not doing yoga, I can be found... *Writing*

One of my favorite things to do is... *Read.*

The last movie I saw was... *Les Miserables.*

If I had to eat only one thing for the rest of my life, it would be... *Mac n Cheese.*

If I could go anywhere in the world, I would... *Go to London, England.*

My favorite movie is... *Oh, I couldn't possibly narrow it down.*

Yoga has really helped me... *embrace myself completely.*

My greatest life-changing experience so far is.... *Taking Yoga Blend 200-hour Teacher Training.*

My favorite indulgence is... *Chocolate.*

FREE CLASS COUPON
with Featured Teacher: **Sandy Comstock**

[Read the full interview with Sandy here](#)
Get to know the teachers at Yoga Blend, and enjoy a free class!

Sandy's Scheduled Class:
Sun 6:45pm-7:30pm: Guided Meditation



OFFER DETAILS: Valid for use once per student, on any one class offered by Featured Teacher, if you have not taken her class in the last 6 months. Coupon valid until Feb 28, 2013. Not valid for workshops or special events. Please mention 'Featured Teacher Promotion' when signing in to enjoy this offer.