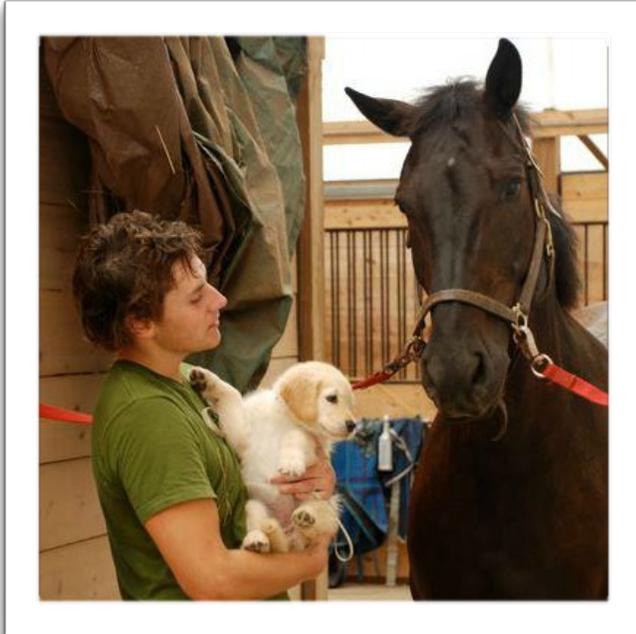


Featured Teacher: Mark Haberland

May 2012



When I'm not doing yoga, I can be found... *probably either horseback riding or going on an adventure somewhere. I keep hoping someone else is going to take care of all the chores I have piling up.*

3 things my students my not know about me is...

- 1) *I have a black belt in Karate*
- 2) *I'm a singer*
- 3) *I spend more time than is appropriate making funny faces in the mirror and laughing at myself*

Do you have any pets?

I have a goofball of a horse named Star who looks identical to Black Beauty, and a big, happy golden retriever named Daisy who thinks she's a lap dog.

My favorite indulgence is... *I have too many temptations to choose just one, but since I became vegan all I've wanted is an almond croissant. Sooooo delicious!*

When I was little, I thought I would grow up to be... *an equine veterinarian! And then I got that "C" in chemistry my freshmen year of college...*

Yoga has really helped me... *get my head out of the clouds and plant my feet on the earth... mostly.*

In my opinion, the greatest misconception about yoga is... *that it's all about being stoic and serious and peaceful. Forget that! Give me a class full of swearing and laughter any day!*

... And the greatest misconception about yoga teachers is... *That we're all earthy, crunchy, flower children. I mean.... I am. But not ALL yoga teachers are!*

The most definitive features of my classes is... *Hmm... you'll get pretty sweaty for sure, but I like to think that it's my shining personality that will keep you coming back ;-)*

If I could pick a super power, it would be... *to make things grow. I would love to be able to touch a tree and feel life flowing from me into it... God I am such a hippie.*

FREE CLASS COUPON
with Featured Teacher: **Mark Haberland**

Get to know the teachers at Yoga Blend, and enjoy a free class!

Mark's Scheduled Class:
Fri 12pm-1.30pm: Mixed Level



OFFER DETAILS: Valid for use once per student, on any one class offered by Featured Teacher, only if you have not taken his class before. Coupon valid until May 31, 2012. Not valid for workshops or special events. Please mention 'Featured Teacher Promotion' when signing in to enjoy this offer.



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