

# Featured Teacher: Marcy Johnson

## Tell us 3 things your students may not know about you:

1. I have a degree in acting from the University of North Carolina School of the Arts.
2. My full first name is Marcyanna and my middle name is Wentowski.
3. I was born and raised in Greensboro, North Carolina.

**My favorite movie is...** *Pride and Prejudice, the A&E version from 1996 with Colin Firth. I watch it at least twice a year. It is my all time favorite love story and that is saying a lot because I love love stories! Plus Colin Firth is super dreamy and an amazing actor, so all around its a win!*

**My favorite indulgence is...** *chocolate, need I say more?*

## When I was little, I thought I would grow up to be...

*an actress. But since then my journey has taken me in a much different direction, which I am very thankful for. I hope one day theater might be a part of my life again, but for now I love the path that I am on.*

## Do you have weird habits/quirks?

*I love exclamation points and I use them all the time!!!!!! There are just sooooo many awesome things in this world and I feel like they all need exclamation points!!!!!!*

## One of my favorite things to do is...

*cuddle with my dogs. I have 3 dogs and all of them have distinctly different personalities, but they all love to cuddle!*

**If I could pick a super power, it would be...** *to be invisible. I would love to sneak into a forest and see what really happens when no humans are around. That sounds like one of the most magical experiences I can think of.*

## What is the most definitive feature of your classes?

*It's all about having a good time! I take a very lighthearted, fun approach to my classes. They are usually filled with silly jokes, lighthearted music and lots of play! I love yoga, but I don't believe you have to take it seriously (all the time) to enjoy the practice and benefits, so I try to infuse it with a childlike playfulness.*



Come take a class with Marcy! She teaches **Basics at 10am on Thursdays,**  
**Fridays: Yoga Stretch at 1pm,** and **Basics at 4pm.**

Marcy is also our Studio Manager, so drop by the front desk and say hello!